A Tremelo is a rapid alternating motion [Think of Russian music or spy music]. Tremelo picking comes from a RELAXED wrist and NOT the forearm, elbow or shoulder.

Count 1 & 2 & 3 & 4 & and let your "Wrist" lightly pick up and down on one note. You can then gradually build a rapid alternating speed. Also try "Accenting" the first note in each bar. [Always avoiding tension in the elbow].

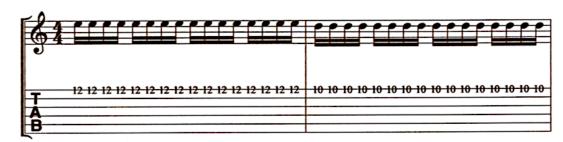


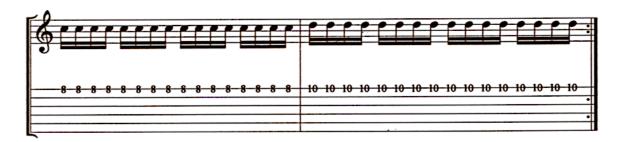
Now play it by Doubling the speed and INTERNALISE [Feel] the "1e & a" Rhythm. Count it in your mind as you pluck up and down.



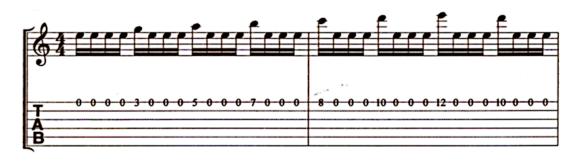
#### BASIC TREMOLO MELODY/MOTIF PICKING

Now try a short Tremelo melodic Motif/Melody. Remember though to hear/feel the "1e and a" rhythmic drive.





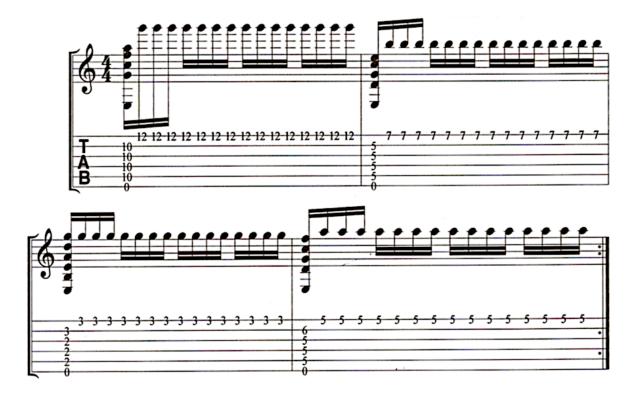
In this exercise we will tremelo on the open E 1st string and play a simple scalic motif on the 1st note of each "1e and a" grouping.





## SUSTAINED CHORD WITH TREMOLO PICKING:

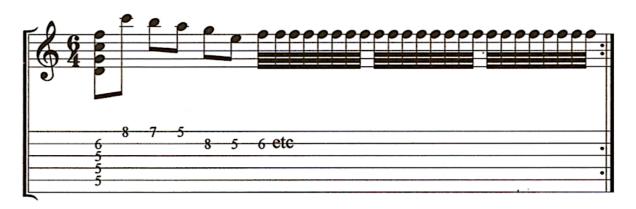
Here we will pluck a chord and follow it with a tremelo. Please let the chord "SUSTAIN" for the whole bar as you tremelo [best employed on an acoustic guitar for full effect].



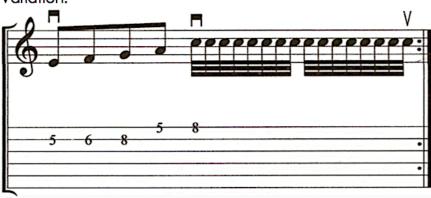
### MIXING TREMOLO PICKING WITH ALTERNATE PICKING:

Sometimes we do Mix the Tremelo Picking with Alternate Picking for effect. This is usually an instinctive thing as we progress. **This is a useful effect BUT again I would advise using this Sparingly!** 

### **SETTING UP TREMELO:**

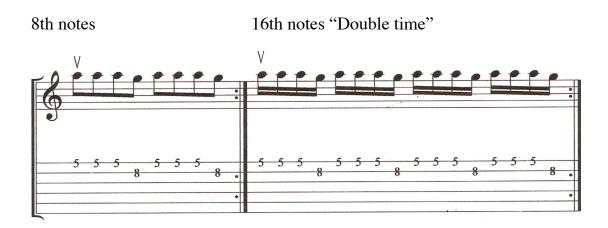


## Variation:



# TREMOLO CROSSING 2 STRING EXERCISE:

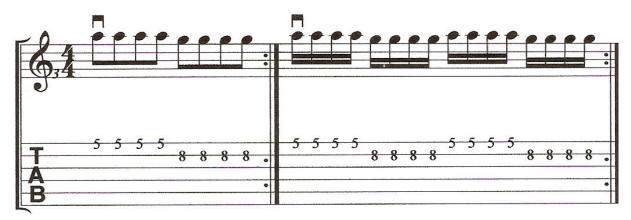
Next try the exercise below with quavers and count as you cross the strings on the up stroke. Then try it by doubling the speed with 16th's. Again count the rhythm so that you cross smoothly.



1 and 2 and 3 and 4 and 1 e and a etc.

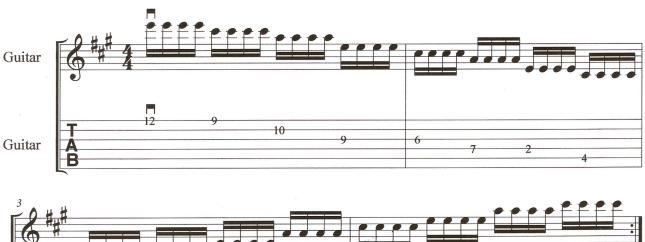
#### **EVEN PATTERNS:**

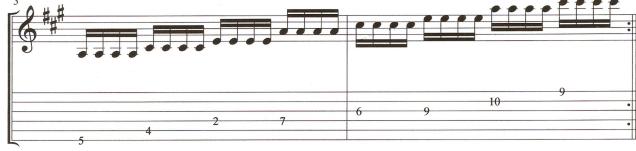
First try this with 8th notes and then double the speed with 16th notes. Hear the internalised "1e and a" of the Sixteenth notes and as you cross the strings you will always cross with the same EVEN stroke. This makes crossing the strings very easy because when you can cross 2 strings then you can SIMPLY REPLICATE this across all 6 strings.



\*If you find this easy then you can employ triplets rather than 16th's for odd grouping. But most students find Even groupings easiest for a smooth and effortless tremolo.\*

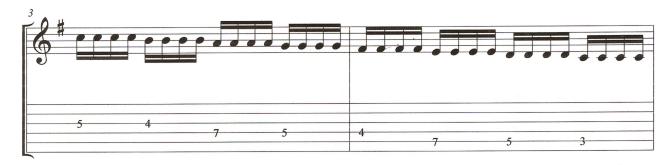
# TREMOLO PICKING ACROSS ALL 6 STRINGS EXERCISE:

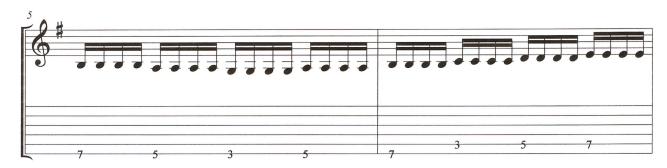


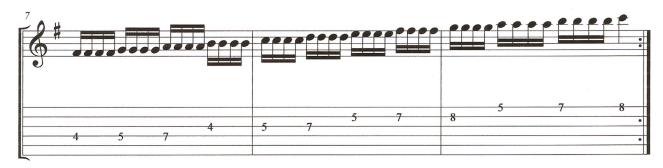


# TREMOLO PICKING ACROSS ALL 6 STRINGS 16'S G MAJOR SCALE: "EVEN"





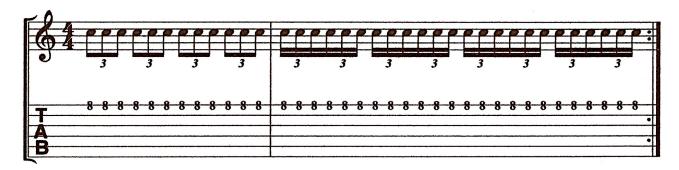




#### ODD TREMOLO PATTERNS:

For some players playing in ODD groupings may be easier or just preferable. But be warned if you mix up odd groupings with even groupings then you can come unstuck. This is why many players have problems with tremelo picking and it is also the reason why many beginners cause injury by tremelo picking with mad aggression and forceful tension.

Firstly INTERNALISE these rhythms.



# G MAJOR TREMOLO PICKING "ODD" PATTERNS TRIPLETS GMAJOR SCALE EXERCISE:



# ARPEGGIO IN "ODD" TRIPLETS A MAJOR

